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Key Personnel:

Chairman of the Board:
John Blyth

Counselling Co-ordinator:
Joyce Beehre

Administrator/Secretary:
Shirley Mellsoy

Budgeting Co-ordinator:
Marion Moon

Treasurer:
Don Gregson

Phone: **437 6397**
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Find us at:

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(Cnr Mill Road &
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P O Box 5077
Whangarei 0140

Anglican CARE Centre News

Issue 6

March 2011

Response to the Christchurch Earthquake



Jason, manager of McCoy & Thomas, showing Les one of the toilets sent to Christchurch.

Families affected by the 22nd February earthquake.

When Les and Heather Gribben checked with their son, Mike, who lives in Christchurch as to how they could help, his immediate response was “send chemical toilets”. Les did all the leg work and found that Jason of McCoy & Thomas Sports Hunting and Fishing NZ could supply them at the best rate. Our challenge was to raise \$600 to send 3 toilets to Christchurch. We sent out an email to our immediate contacts and within hours that target was met and surpassed. Our efforts, along with Les’ contacts, raised \$3,790 within days - 16 toilets and 40 one litre bottles of chemical were dispatched to Christchurch. Mike oversaw the distribution of them and has been thrilled to bless others. One of the

recipients, a 61 year-old man with bowel cancer, said, “You’ve given me back my dignity”. He hugged and cried with the man who distributed it. Les has asked, “Please convey my thanks to all those who responded so generously to this fundraiser.”

Mark your calendar!

Bishop Ross has accepted an invitation to attend a celebration service to mark three years since the Care Centre was opened! We would love you to come to join the Board and team in our thanks to God for His wonderful provision!

Time: **9.30am**

Date: **Sunday 12th June 2011**

Place: **Whangarei Anglican Church (Christ Church)**

Morning tea to follow

A huge thank you to everyone who contributed to the Christmas Appeal by donations of goods, money, and even these wonderful bags to put the goods into! We were delighted to be able to give out around 50 wonderful Christmas parcels and to see the joy with which they were received. You can all be assured that your gift was significant in many homes. In these difficult financial times it is wonderful to see so many people continuing to give sacrificially! Bless you all!



Budget Advice, Counselling and Seniors Support are the main focus of the team at the Anglican CARE Centre—Te Whare Oranga (the house of well being).

**WHANGAREI
ANGLICAN CARE
TRUST**

1 b Deveron Street
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P O Box 5077
Whangarei 0140

Phone: 09 437 6397
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Email: whgcare@xtra.co.nz
Web: www.whgcare.org.nz

**Other Services
offered**

Short courses such as:
Boundaries

Walking Through The
Shadows
(Grief support group)

Healthy Living
Workshops

Community Education
(Budgeting)
Shop with a List



Established as a Charitable Trust in 1994 to serve the community, the Whangarei Anglican Care Trust has seen continued growth both in clientele and in personnel.

The main focus is to provide a free Budget Advice service along with affordable Counselling—a unique combination in our community. We added a Seniors Community Worker in January 2010. Personnel are trained in their respective roles and are members of the appropriate associations.

We offer counselling at Dargaville, Waipu and Ruakaka as well as Whangarei. A number of self development groups are also run in all locations.

The Budgeting service is affiliated to the New Zealand Federation of Family Budgeting Services Inc and a number of Budget Adviser training courses have been facilitated by the Care Centre. Services are provided in Whangarei, Kamo Community Link, The Pulse and Waipu/Ruakaka. Community Education courses have become an integral part of our work.

These are all confidential and professional services performed in a caring and safe atmosphere. Clients may self-refer or be referred by other agencies or professionals such as Doctors. We network with, and receive referrals from, approximately 40 other agencies.

Charities Commission Registration number is—CC10599

Clipboard News



* **Glenys Barrow** was thanked for her years of service on the

Board. Her contribution has been most appreciated.

* **Team changes:** Welcome back **Beth Henderson** (she will counsel children and young people). Welcome also to **Trevor Kerewaro** and **Suzanne Mackay** who are training to be counsellors with Bethlehem Institute—they have already made a big impact with clients and team

alike. We farewell **Becky Joyce**—and congratulate her on completing her Diploma in Counselling. Her sense of humour will be missed but we wish her well in whatever her next step is.

* The death of **Alf Bedggood** was a shock and we offer our love and support to Shirley and the family. Thanks also for the family's generosity in asking for gifts in lieu of flowers to come to the Care Centre—over \$800 has been received. Shirley serves on the Board of Trustees.

* Last October we sent six Budget Advisers to the NZ

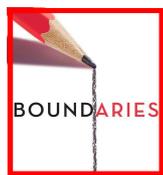


Jane, Dianne, Adrienne, Janet and Marion S at Conference—Marion M took the photo

Federation of Family Budget Services 2010 Conference. The opportunity to share and learn together was invaluable.

* Thanks to **The Oxford Sports Trust** for a grant to purchase a server to improve our computer systems. It should be up and running in April.

Up-coming Short Courses
Register now for:-



A 5-week **Boundaries** Course beginning Saturday, 14th May from 1.00-3.00pm at the Care Centre. Cost of \$50 includes handbook.

Facilitated by counsellors

Judith Ralphs and Sally Shepherd.

If you (or anyone you know) are interested in attending the grief support group called '**Walking Through the Shadows**', give the Care Centre a ring to register your interest. We will advise dates later.



Heather Gribben will be holding four **Healthy Living Workshops** in **Dargaville** starting on Tuesday 10th May—9.00-11.30am. Free Phone for Dargaville: 0800 437 6397



ASSERTIVENESS TRAINING

Heather Gribben will run two 2½ hour training sessions in August (one day, one evening). Dates to be advised.

As a not-for-profit Charity all donations over \$5 are tax deductible
You may even wish to consider 'Payroll Giving'
Brochures and information available by calling in or phoning 437 6397
Become a 'Friend' of the Care Centre—\$25.00 per annum
All enquiries most welcome