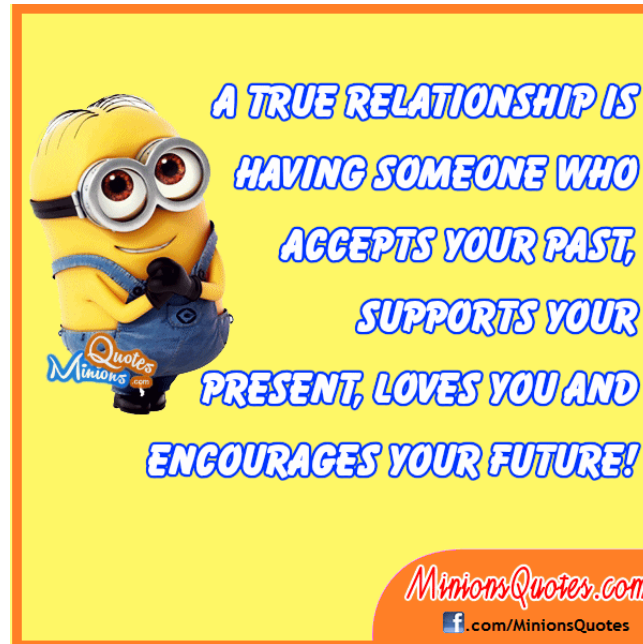


The Registrar
Healthy Relationship Course
P O Box 5077
WHANGAREI



Whangarei Anglican Care Trust

**1 Mill Road
P O Box 5077
Whangarei 0140**

**Phone: 09 437 6397
Fax: 09 437 6304
Email: enquiry@whgcare.org.nz
Web: www.whgcare.org.nz**

September 2018

Healthy Relationships



ANGLICAN CARE CENTRE
TE WHARE ORANGA



About

HEALTHY RELATIONSHIPS

The course is a five week DVD presentation based on Christian principles featuring clinical psychologist, counsellors and award winning authors

**Dr Henry Cloud &
Dr John Townsend.**

It is led by a trained counsellor where the DVD presentation is made and then a workshop type discussion follows.

Have you ever said any of the following things to yourself?

- How can I learn to pick better friends?
- Why do I choose people who let me down?
- How did I end up with this critical boss?
- How do I attract irresponsible people?
- Why did I invest money with that unscrupulous person?
- What is it about me that draws the wrong types to me?
- Why am I drawn to the wrong types?

Insights that will help you:

- Correct things within you that jeopardize your relational security
- Learn the 20 traits of unsafe people
- Recognize what makes people trustworthy
- Avoid unhealthy relationships
- Form positive relationships
- Become a safe person yourself.

This course will help you :
restructure your approach to relationships.
Put an end to getting burned—and start enjoying the healthy, balanced relationships everyone wants and needs.

Healthy Relationships GROUPS

Ideally these groups are kept to around 10 to 12 participants. This enables effective communication by all and maintains group confidentiality.

DETAILS

To be held over five Mondays

Start: Monday 5th November

Finish: Monday 3rd December

Time: 6:30pm—8.00pm

Meet at: **Anglican CARE Centre**
1 Mill Rd
Regent
WHANGAREI

Facilitated by Counsellor:

Joyce Beehre

CLOSING DATE FOR APPLICATION
29 October 2018

Application Form

Name: _____

Address: _____

Phone: _____ After hours

_____ Business hrs

Email: _____

I would like to apply to take part in the

Healthy Relationships Course

Time: 6:30 pm—8.00 pm

Cost: For the 5 weeks
(includes participant guide)
Cost = \$60.00

Direct Credit to: 12-3101-0075902-00

I recognise that, if accepted, I commit myself to attending the total programme. My acceptance into the course is subject to confirmation.

Signed:

Location: **Anglican CARE Centre**
1 b Deveron Street
(Cnr Mill Road &
Deveron Street)
Whangarei

Enquiries: 437 6397

CLOSING DATE FOR APPLICATION
29 October 2018