

# WHANGAREI ANGLICAN CARE TRUST

## Care Centre Newsletter

Issue 19

May 2019

**Budget Advice**  
(including community education),  
**Counselling and Seniors Support** are the main focus of the team at the Anglican CARE Centre—Te Whare Oranga (the house of well being).

### Key Personnel:

Chairman of the Board:

**Janette Johns**

Treasurer:

**Don Gregson**

Counselling Co-ordinator:

**Joyce Beehre**

Administrator/Secretary:

**Shirley Mellsop/  
Nikki Smith**

Budgeting Co-ordinator/  
Community Education:

**Dianne Harris**

Seniors Community Worker:

**Sue Daumiller**

Phone: **437 6397**

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WhangareiAnglicanCareCentre

### People News

Life is full of changes and the last few months are no exception! We give thanks to God for His gifting of people to us for both short and longer periods of times. The special skills they bring enhance the work of the Care Centre.



Marion Moon receives flowers from Janette Johns

Our management team changed with **Marion Moon's** retirement. She retains her interest as the Board representative for Whangarei Anglican replacing

**Rev Margaret Rapson.**

Thankyou Margaret for your wisdom, support and encouragement over the past few years.



Dianne Harris

**Dianne Harris** has taken over the role of Budgeting Co-ordinator. She continues her vital Community Education work and joins management team.

The representative from the Maori Anglican Pastorate, **Pamela Raggett**, has stepped aside and is replaced by **Raina Pururi**. We have appreciated the work that Pamela has done. We look forward to working with Raina who has great skills.



Raina Pururi

**Onerahi/Manaia LSMU** were represented by **Chris Tobin**

but are yet to appoint a new person.

**Rev Kim Parker** is standing in for **Rev Peter Minson** as clergy representative due to Peter's heavy workload.

On a sadder note, we have seen the passing of **Ngairé Beehre**, who was a foundational member. We remember Rod, her husband, and her wider family as they adjust to the loss.

More recently, **Heather Gribben**, who was a counsellor with us for 13 years, passed away. Our thoughts are with her husband, Les, and her wider family.



Heather Gribben

### Celebrating 25 years service

2019 is a significant year for the Anglican Care Centre as it will be the celebration of 25 years of service in our community. So many people have been able to receive help and assistance through the services offered—which have only changed a little in all of the years—budgeting, counselling, advice & information, community education/self development, and work with seniors. A special church service with parishioners is planned at Christ Church, Whangarei

On: **Sunday 7th July**

At: **9.00am**

It is a time for rejoicing the successes and for preparing for what is to come.  
Mark your diary now and join with us.

**One man had a vision—others were inspired and joined him  
And here we are 25 years later with a thriving community service**



The counselling service has grown so much in the past 12 months that we have to consider how we can increase our counselling space. The current thinking is to put a portable unit with two counselling rooms on the section behind the Church Hall. To do so will cost in the region of \$60,000.00. We are in discussions with the governing bodies regarding the possibilities. To finance this will be a challenge so if you would like to help please make a donation to the 'building fund'.

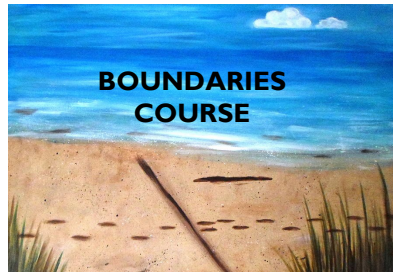
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are the main focus of the team at the  
**Anglican CARE Centre—Te Whare Oranga (the house of well being).**

## How you can help?

- ◆ Become a friend or recommend to someone else  
\*\*Subscription only \$20 - be a Friend of the Care Centre\*\*
- ◆ Buy a glass brick (Your name etched in our feature wall)
- ◆ Donate money or non-perishable food towards our emergency assistance
- ◆ Pray for the work of the Care Centre

Care  
And  
Respect  
Empower

## Boundaries Course



Saturday 8th June—Saturday 6th July 2019  
1pm—3pm

Cost \$50 (includes participant guide)  
Limited space \* Pre-course application essential  
call 09 437 6397 for an application form  
Applications close: 31st May 2019  
Facilitated by counsellors:  
Sally Shepherd and Te Tai McNeill

## Senior Chef Get Together

On 2nd May, we invited all of those who had previously completed our Senior Chef course to join us for morning tea in the sun—46 people took up the invitation. Two who attended were from the very first course in 2013 funded by the Selwyn Foundation.

We were entertained and educated by Mark Burkill from Sport Northland, who encouraged us all to be more active and to move all those muscles—he told us mobility could be regained. Search YouTube 'Strength and Balance Northland' for exercises and information.



## Some Good News Feedback

After completing a Money Mates course she was given her Financial Plan of Action book that she used in the course. On looking through it she was delighted to find she had already completed 3 of her goals.

Her comment was, "That course woke me up. Now I am checking on incoming and outgoings instead of just spending. I found that some relatives were using my bank account for extra funds. No longer!"

From a counselling client's evaluation: "I felt safe, heard and understood. When feeling lost I was given direction and hope. I would not have achieved my recovery from depression if I hadn't come to Anglican Care."

Youth participants of one Eat Well, Shop Smart workshop had these comments:- Liked the venue set up with both classroom area and kitchen adjacent; found the financial wisdom shared very informative and relevant; the absolute highlight, however, was choosing a recipe, receiving \$20 to do their shopping and then cooking. Choosing the best dish and eating the meal together was great fun!

A visitor to the Centre remarked recently that she always appreciates the 'atmosphere' here. She senses that it carries the peace of God and is uplifted. A very positive affirmation for us all and an answer to our prayers!



## Thank You so much!



It was a huge blessing to be able to distribute 40 hampers of food to struggling clients at Christmas. We were able to do this with the generous help of many of you from churches and community. Thankyou to those who made cash donations; to Northern Eggs for eggs; to Peter Comrie for a sheep made into sausages; to HB Architects for vegetables; to our wonderful Financial Mentors for goods, packaging and sometimes delivering (even though it was great fun).  
40 local families benefitted from your generosity!

We also acknowledge the many people who regularly give produce and grocery items to our small food bank so that they can be used for emergency assistance. Some actually make a monthly commitment to buy much needed items for parcels—thank you all!

As a not-for-profit Charity all donations over \$5 are tax deductible  
direct credit our bank account ASB 12-3101-0075902-00  
Brochures and information available by calling in or phoning 437 6397  
Become a 'Friend' of the Care Centre—\$20.00 per annum  
All enquiries most welcome