

Would you like to be part of our SupportTeam?
Do you have an invested personal interest in our work?
Have you considered becoming a Friend?'

- * you will be an Advocate of our services.
- * pay an annual subscription of \$20 pa
- * receive our newsletters so you are up to date for our calls for assistance and can be encouraged by the stories we have to share.
- * you enter into a valuable pool of resources for the Care Centre.
- * you are eligible to be voted onto the board when a vacancy exists.

We need a pool of friends for our succession



*Becoming a friend
brings together your good intentions
with an awareness of the needs. It
extends your arms to wrap around
a community in tough places..
- A friend*

What is an OMEGA fund?

We have a small fund available to clients at no interest as a last resort. Clients apply for it initially with one of our financial mentors. It is then approved by the board. Having these funds available has meant that several clients have found this help up to be transformative.

If you would like to contribute to this fund, please let us know.

THANK YOU

We have had a great response to our "Pantry is Bare" request for food. We received \$1280 enabling us to purchase food items along with donated food items. This is an ongoing need as what we get in we give out.

If you have an excess of some produce in your garden or off your fruit tree please bring it in.



THANK YOU

Christmas hampers were again gratefully received by 60 clients. Many were overwhelmed by all they received, unsure that it was all meant for them. It is good to be generous with your help.



Being a friend gives me a sense of belonging to something bigger than myself and the annual fee confirms my commitment to the cause..." -A friend

If you are able to receive these updates by email, this would help us to reduce our administration costs. Please send us an email to enquiry@whgcare.org.nz with your name and that you would be happy to go on our email mailing list. Thank you for your help.

Latest Happenings

Our building has been washed and repainted and new air con units installed. After several sweltering months, both clients and staff are very grateful and can enjoy a pleasant atmosphere.

A team training day based around each member's strengths was held. This confirmed that each one of our staff are in the right place and working at their best in their area.



Ryan Beehre

We are pleased to welcome two new counsellors to our centre. As a male Ryan Beehre extends our counselling service to reach those who would like a male point of view.

Christel is a trainee counsellor who is able to engage with clients for a koha enabling some with limited funds to chat without pressure.



Christel Jeffs

Check out our website to learn more about them

It is with sadness that we have farewelled Maureen Tearle from the Counselling team after seven years service. Maureen has given compassionate counselling to many young children, elderly and couples during this time and is now using her talents in other areas.

The Care Centre has two Korowai: Cloak of protection (earth & ocean) for use in counselling sessions. This is incorporating the participation aspect of the Treaty of Waitangi with Maori, acknowledging their values, their tipuna and wairua to bring health and support. They are carefully displayed behind glass door cabinets when not in use and have already received positive comments.



Profiling Our Senior Care Workers

What sort of person would you expect to liaise with the older generation in their dilemma's and to help them make sense of this fast moving society?

If you thought someone patient, knowledgeable and with a good sense of humour be assured Sue and Jennie are the ideal support team. Anything they don't know, they'll find out. One of them work each day of the week and available to talk or visit. They liaise on the behalf of those 65 plus and will walk with them where possible to bring resolutions. They are constantly brain-storming new initiatives to keep the seniors interacting in the community.



Sue Daumiller



Jennie Payton

Recently they have run a 'Recording Memories' event which was a huge success.

On 4 April a "Senior Tech" course is beginning where participants for 2 hours over 3 weeks learn how to operate their device for what they want to use it for. This course is full as there is a limit on numbers but you may know someone who would like to register for the next one starting 9 May from 1.30-3.30. (Mondays)

SENIOR CHEF Cooking classes for older



Of course Senior Chef remains a popular course which is run on a Thursday morning.

Registration is required at the office by sending us an email or giving us a phone call.

Many seniors have benefitted and are very grateful for the service our Seniors Care Workers offer. They find having someone independent to talk to outside their family helpful and are confident in getting answers.

If you would like to support our Seniors Community Workers we have a need to cover a shortfall in financing these workers who are invaluable to the seniors in our community and their service is free. Any donation would be greatly appreciated.



If you would like to sign up for any of the above courses or want to know more, please phone the office 437 6397 or email enquiry@whgcare.org.nz