

SENIOR CHEF

Cooking and nutrition classes for over 60's



Senior Chef is a 9 week cooking class where you can learn, or improve on, your practical food and nutrition skills. It's a social, informative and hands-on class - all focused on cooking for one or two people. And it's FREE!!

Thursdays (call for dates)

9.30am – 12.30pm

Ph 437 6397 to register