

Welcome to the
Whangarei CARE Centre.

Our organisation began as a dream some 30 + years ago. Founded in the Christian tradition, with the hope to engage with those in need in our community.

Our service offers Counselling,
Budget Advice and Senior Support.

Our qualified counsellors are affiliated to or members of the NZ Counselling bodies, either NZAC (NZ Association of Counsellors) or NZCCA (NZ Christian Counsellors Association).

Our service is financially supported by donations, grants and bequests. Any donation over \$5 is tax deductible.



**A community where people
are empowered to
meet life's challenges**

If you need to talk after hours call:
Phone or text 1737

Lifeline: 24/7 0800 543 354 text 4357

Youthline: 0800 37 66 33 text 234

Women's Refuge: 0800 733 843

Whangarei Office

Monday to Friday 9.00am—5.00pm

Counselling

is available in

Whangarei & Dargaville

Budget Advice

is available in **Whangarei
& Bream Bay**

Senior Services

are available in **Whangarei**

WHANGAREI ANGLICAN CARE TRUST

1 Mill Road
Regent
Whangarei 0112

Phone: 09 437 6397
Email: enquiry@whgcare.org.nz
Web: www.whgcare.org.nz

Patron: Chris Farrelly, KNZM
Charities Commission Reg: CC10599
March 2026



**Whangārei
Care Centre**



Intuitive Doll Making

Two-week programme
Wednesday 22nd and 29th April
9.30am—12.30am
Registrations Essential
(max 8 attendees)
\$60 per person

Te Whare Oranga

The House of Wellbeing

whgcare.org.nz

Information

Clarissa Pinkola Estes in her book 'Women Who Run with the Wolves' says, "INTUITION is the treasure of a woman's psyche" (p.71).

Weaving storytelling and creativity together, this workshop will provide an opportunity to explore this topic in more depth.

What to expect

It will include reflections on the stories and narratives that shape our lives. We will consider how those stories have influenced the decisions we have made, and the way that our sense of self is guided by the messages we have learned and embodied.

The workshop is designed to help us awaken and remember parts of ourselves we may have lost over time. It will support our personal growth, nurturing and understanding of intuition.

You can expect to have some fun as you create your own *intuitive doll*.

What to bring

All materials and morning tea will be provided.

A notebook and pen for your own reflections.

Curiosity and an open heart and mind.

Group Culture / Kaupapa

It is very important for this group space to reflect the values of respect and support, creating safety and acceptance.

What this will look like is: no advice giving—one to another, no fixing, saving or setting straight.



*Whakarongo ki te reo o to ngakau
listen to the voice of your heart*

Application Form

Name: _____

Address: _____

Phone: _____ After hours
_____ Business hrs

Email: _____

I apply to take part in the
Intuitive Doll Making workshop
Wednesday 22nd & 29th April

Cost: \$60 per person

Direct Credit to: 12-3101-0075902-00
Whangarei Anglican Care Trust
Include your name and 'Doll' as ref.

I recognise that, if accepted, I commit myself to attending the total programme. My acceptance into the course is subject to confirmation.

Signed:

